

NORTH CAROLINA FREEDOM RUN

34TH ANNUAL

FREEDOM RUN AND WALK

FREEDOM RUN



Sponsored by

Registration Fee is non-refundable. No bikes, pets, or roller blades please. Jogging Strollers only allowed at back of starting line.



REGISTRATION FORM
WAIVER AND RELEASE
(PLEASE READ CAREFULLY)

Events

Date: June 30, 2012

Distance/Time: 5K Freedom Run/Walk

8:00am Start

1 Mile Fun Run

Start approximately 9:00 am

Early Registration: \$20 Postmarked by June 16.

Registration: \$25 After June 16.

Active Military and Law Enforcement: \$10

Pre-race postmarked by June 16th:

Includes Shirt in size and quantities while they last. "No Shows" will forfeit their shirts if not picked up by 7:55am on race day.

Shirt Pick Up and Registration will take place at Waterfront Park, on Friday, June 29th from 6:00pm to 8:00pm and Saturday, June 30th from 6:30am to 7:45am.

Awards- (winners must be present at the awards ceremony to receive prizes) :

5K Run - 1st, 2nd, and 3rd overall male and female and 1st, 2nd, and 3rd in each age category for male and female.

Age Categories: 13 and under, 14-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and up. (**Overall winners are not eligible for age group awards.**)

1 Mile Freedom Run/Walk— 1st, 2nd, and 3rd place for overall male and female.

Course: The 5000 meter Freedom Run follows a course through Historic Southport along the waterfront of the Cape Fear River. The course is paved asphalt and is mostly flat.

Waiver Liability: "I hereby release all sponsors, volunteers and promoters of this event from any and all liability. I hereby certify that I am in proper physical condition for the distance indicated on this form. I also agree the decision of the race officials are to be final. I also give my permission for the free and unrestricted use of my name and picture in any broadcast or written account of the event"

Name

Street

City

State

Zip

Phone

Email

Age: (As of June 30, 2012) _____ Date of Birth: _____

Male: _____ Female: _____

Select Event: 1 Mile _____ 5K _____ Both _____ (\$40.00 fee)

Shirt Size: (Circle) S M LG XL (Adult Sizes Only)

Shirt Preference: (Circle) T-Shirt Tank

REGISTRATION: Mail registration form to NC Freedom Run, c/o Freedom Run Director, PO Box 10069, Southport, NC 28461 by June 16, 2012. Direct questions to phil.fravel@security-savings.com or mpierce@security-savings.com Phone: (910) 457-5246

Runner's Signature _____ Date _____
(Parent or Guardian if Under 18 Years of Age)



For More Information Call

Phil Fravel or Megan Pierce
Monday-Friday at 910-457-5246 from
8:30am to 5:00pm

email: phil.fravel@security-savings.com
email: mpierce@security-savings.com

Make Checks Payable To:
NC Freedom Run

Mail Application to:
NC Freedom Run
c/o Freedom Run Director
PO Box 10069
Southport, NC 28461

Download Race Registration Form at:
www.nc4thofjuly.com

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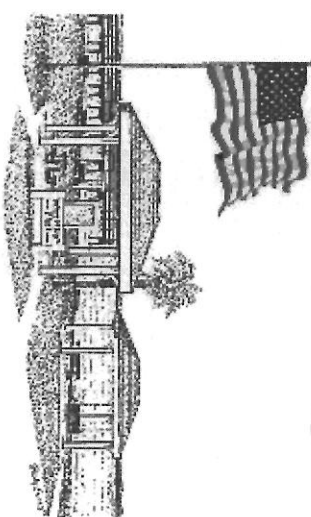
The North Carolina Fourth of July Festival, Inc.
Freedom Run
PO Box 10069
Southport, NC 28461



34TH ANNUAL FREEDOM RUN & WALK

NORTH CAROLINA
4TH OF JULY FESTIVAL

Freedom Run



Southport

Saturday
June 30th, 2012

Southport, North Carolina